## FREE GRIEF WORKSHOPS

## April 16-17, 2019 Featuring Dr. Alan Wofelt

Penwell-Gabel is pleased to host Dr. Alan Wofelt - noted author, educator and grief counselor - for two free grief support workshops in Topeka.

Tuesday, April 16, 7:00-9:00 p.m.

Loving From the Outside In, Mourning from the Inside Out: Helping Yourself Heal When Someone Dies

Wednesday, April 17, 9:00 a.m. - Noon

When Grief is "Complicated:"

A Model to Understand, Identify & Companion Grievers

## Location:

Capitol Plaza Hotel 1717 SW Topeka, BLVD., Topeka, KS 66612

For more details or to register for one or both sessions, visit www.PenwellGabelTopeka.com/event

or

Call: 785-354-8558

There is no charge to attend these workshops.